



THE KEYSTONE CENTER EXTENDED CARE UNIT IS LAUNCHING A NEW SERVICE

A COUPLES WEEKEND INTENSIVE



Intensive weekends will run 2.5 days (Friday–Sunday) with a half day on Sunday to allow for travel time.

2012 WORKSHOP DATES:

February 3–5 May 4–6 July 27–29 November 9–11

WHERE: The Keystone Center's Key Recovery Outpatient Building Conference Space, located at 5000 Hilltop Drive, Brookhaven, PA 19015.

COST: \$2,000 per couple. Lunch and snacks provided. Information on local hotels and accommodations can be provided by the ECU.

To register or learn more, please contact the Program Director of the Extended Care Unit, Mary Deitch at 800-733-6840 or via email at mary.deitch@uhsinc.com. Weekend intensives will consist of a maximum of 4 couples per weekend. Advanced sign up is required as space is limited.

COUPLES WEEKEND OBJECTIVES:

The Keystone Center Extended Care Unit is proud to present our Couples Intensive Weekends. These intensives will be run on a quarterly basis and are intended for couples who desire to further their recovery process and gain understanding and insight into current concerns in their relationships. Each weekend workshop is open to any couple having made strides in their recovery program and are looking to move into more in-depth discussions.

The objectives of the weekend start with looking at each individual's relationship and family history and the impact it has on current relationships. We will also explore each individual's schemas and the ways in which they impact the couple, their boundaries and communication as a whole. We will then move into discussions about love, intimacy, healthy sexuality and how healing from sexual addiction can impact each of these. These sessions will focus on the couple's strengths to aid them in moving forward to a stronger bond. We will also have time to focus on each couple's current struggles and their healing goals for the weekend.

This weekend is unique in that it will be limited to only a handful of couples to increase the amount of individualized time and attention. The small group process will also aid in gaining new perspectives and support as healing work is completed.

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KeyStone Center

Providing Hope Through Care

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